

Strangford Lough Yacht Club

SAILING INSTRUCTIONS (SI's) 2018

1 RULES

- 1.1 Racing will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the individual Class Rules.
- 1.2 The prescriptions of the RYA will apply.
- 1.3 RRS Racing rules Signals AP, and RRS A4, 26, 35, 40, 60.1(a), will be changed: Details are in the individual SI's below.
- 1.4 All crew members shall be members of Strangford Lough Yacht Club or shall be signed into the visitors' book prior to racing.
- 1.5 Owners shall sign the declaration on the racing notice board to confirm that they carry insurance as required by SI 16 below.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the changing room corridor of Strangford Lough Yacht Club.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1800 on a day one week before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the main flag pole at Strangford Lough Yacht Club.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 40 minutes' in the race signal AP. This changes RRS Race Signal AP.
- 4.3 When there is no safety boat cover available for the keelboat classes flag B may be displayed at the battery.

5 SCHEDULE

- 5.1 Dates of racing:
Club points racing starts on Opening Day which is Saturday 5th May 2018 and ends on Saturday 15th September 2018.
- 5.2 A special Saturday mini series will take place on the first three Saturdays in May and the final two Saturday club races in September - separate sailing instructions will be issued for this.

6 START TIMES AND CLASS FLAGS

<i>Class</i>	<i>Flag & Symbol</i>	<i>Wed</i>	<i>Thur</i>	<i>Sat</i>
Sonata	6 (J Sat Only)		1915	1430
Cruiser	J		1920	1430
Elite	E		1910	
Flying Fifteen	F	1910		1435
River	R	1915		1440
Glen	G	1920		1445

7 RACING AREA AND COURSE MARKS

The Racing area and the Course Marks are described in Addendum A.

Hazard Marks are described in Addendum A.

8 THE COURSES

- 8.1 Courses will be displayed in a frame at the starting battery, on the north end of Trasnagh.
- 8.2 Courses for the first round for the Sonata, Flying Fifteen, River and Glen classes will be displayed on the top row of the course frame.
- 8.3 Courses for the first round for the Cruiser class and Dinghy Classes will be displayed on the bottom row of the course frame.
- 8.4 The RS Elite class will sail their own pre-arranged course and do not require a course to be set for them nor will they require a finish.
- 8.4 Courses for subsequent rounds for the above classes, with the exception of the RS Elites, will be displayed alongside the class flag on either row of the course frame.
- 8.5 Course marks (letter or number) displayed in white on a black background are to be left to starboard and course marks displayed in red on a white background are to be left to port.
- 8.6 Courses for the Round the Lough Races will show the first mark or marks followed by one of the three courses X, Y or Z – see Addendum B.

9 THE START

- 9.1 The starting line will be between the battery mast and an Outer Limit Mark.
- 9.2 RRS 26 shall not apply. **A “flip-board” is used to display Class Flags and letters.**

Visual starting signals shall be made at 5 minute intervals and may be accompanied by sound signals.

Warning signal – 10 minutes before the start the respective class flag will be displayed on the upper section of the flip-board.

Preparatory signal – 5 minutes before the start the respective class flag will be replaced by a letter symbol displayed on the lower section of the flip-board. The warning signal for the subsequent class will appear on the upper part of the Flip-board.

Start signal – For the starting class, the letter symbol on the lower section of the flip board will be replaced by the letter symbol (Preparatory Signal) for the next start.

Flag P will be shown at the battery at the preparatory signal for the first class, and will be lowered after the last class has started.

9.3 Boats whose preparatory signal has not been made shall avoid the starting area during the starting sequence for other Classes.

10 THE FINISH

10.1 The finishing line will be between the battery mast and an Outer Limit Mark.

10.2 The finishing line for Round the Lough Races will be between Mark H and the Hazard mark south of Braddock Rock

10.3 Boats in the Round the Lough Races shall record their own time when round Mark 10 and at the finish.

11 TIME LIMITS

11.1 Race	Time limit
Evening Races up to & including 3rd August 2017	2125
Evening Races after 4th August 2017	2100
Saturday Races on Club Courses	1800
Saturday Round the Lough Races	1945

11.2 If any boat finishes within the time limit, the limit shall be extended by 15 minutes for that class only.

11.3 A boat which completes a course after the time limit, will be scored Did Not Finish. This amends RRS 35.

11.4 In the event of a Class failing to finish a second or subsequent round (or course) within the time limit, the timings at the end of the last completed round shall be taken as the result of the race.

11.5 In Round the Lough Races if the lead boat in a Class has not rounded Mark 10 at 1700, the race for that Class shall be abandoned.

11.6 In Round the Lough Races if the lead boat in a Class has rounded Mark 10 by 1700 but fails to finish within the time limit the timings at Mark 10 shall be taken as the result of the race.

12 PROTESTS AND REQUESTS FOR REDRESS

12.1 RYA Arbitration is available for all Club Races.

- 12.2 If parties to a rules dispute agree to use RYA Arbitration to resolve the dispute, the decision of the Rules Advisor shall be final.
- 12.3 Protest forms are available at Strangford Yacht Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 12.4 For each class, the protest time limit is 48 hours after the last boat has finished the last race of the day.

13 SAFETY REGULATIONS

- 13.1 A boat that retires from a race should notify the battery as soon as possible.
- 13.2 Competitors in Dinghy Classes shall wear personal flotation devices at all times when afloat except briefly while changing or adjusting clothing or personal equipment. This changes RRS 40.

14 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

15 RISK STATEMENT

RRS 4 states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone"

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve competitors of their own responsibilities.
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

16 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per event or the equivalent.

Racing Marks	Rock Marks
Mark 1 54° 30.45' 5° 36.00'	Half Tide Rock 54° 29.90' 5° 37.10'
Mark 2 54° 29.87' 5° 35.51'	Gullrock Pladdy 54° 30.23' 5° 36.66'
Mark 3 54° 29.345' 5° 35.657'	Downey Pladdy (N) 54° 30.068' 5° 35.917'
Mark 4 54° 28.80' 5° 35.55'	Downey Pladdy (E) 54° 30.046' 5° 35.872'
Mark 5 54° 28.45' 5° 36.00'	Downey Pladdy (S) 54° 29.020' 5° 35.865'
Mark A 54° 29.80' 5° 37.10'	Downey Pladdy (W) 54° 30.045' 5° 35.945'
Mark B 54° 29.58' 5° 36.55'	Downey Rock 54° 30.345' 5° 35.792'
Mark C 54° 29.22' 5° 36.68'	Newton Rock 54° 29.518' 5° 35.425'
Mark D 54° 28.90' 5° 36.75'	West Rock 54° 28.404' 5° 35.137'
Mark E 54° 28.80' 5° 37.38'	South Rock 54° 28.204' 5° 34.967'
Mark F 54° 28.95' 5° 37.82'	Slave Rock (W) 54° 27.832' 5° 34.844'
Mark G 54° 28.64' 5° 38.06'	Braddock Rock (S) 54° 28.89' 5° 38.30'
Mark H 54° 28.84' 5° 38.20'	Isolated Danger Mark
Mark J 54° 29.10' 5° 38.20'	East of Parton 54° 28.160' 5° 37.028'
Mark K 54° 29.28' 5° 38.10'	
Mark L 54° 29.50' 5° 38.05'	
Mark M 54° 29.80' 5° 37.63'	
Mark Q 54° 29.53' 5° 37.50'	
Mark R 54° 29.29' 5° 37.08'	
Mark T 54° 29.04' 5° 37.00'	

ADDENDUM B

Round the Lough Race Courses

Course X

Mark/s displayed at battery
Long Sheelagh
Mark 10 – Marlfield Bay
Mark 11 – Jackdaw
Mark 17 – Round Island
Through Ringhaddy Sound
Mark H

Rounded

As instructed
To starboard
To starboard
To starboard
To port

To starboard

Course Y

Mark/s displayed at battery
Long Sheelagh
Mark 10 – Marlfield Bay
Mark 9 – Black Rock
Mark 17 – Round Island
Mark H

Rounded

As instructed
To starboard
To starboard
To starboard
To port
To starboard

Course Z

Mark/s displayed at battery
Long Sheelagh
Mark 10 – Marlfield Bay
Mark 5 – Dunnyneill Island
Through Ringhaddy Sound
Mark H

Rounded

As instructed
To starboard
To starboard
To starboard

To starboard