

Strangford Lough Yacht Club Tuesday Night Sailing Instructions

1) Rules

- 1.1 The series will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*
- 1.2 Rules of the individual classes shall apply
- 1.3 The prescriptions of the RYA shall apply
- 1.4 Where there is a conflict between the RRS, prescriptions of the RYA, class rules and this sailing instructions document, the sailing instructions supersede all other rules

2) Signals made ashore

- 2.1 Signals made ashore shall be displayed on the main flagpole at the front of the club
- 2.2. When flag AP is hoisted ashore, “1 minute” is replaced with “not less than 15 minutes” in the race signal AP

3) Schedule of races

- 3.1 The first race will start at 19:00
- 3.2 Races 2 and 3 will start as soon as possible after the previous race has finished

4) Fleets

- 4.1 Boats will race in two fleets: 1: Topper, 2: Laser 4.7, Radial, Full Rig

5) The course and marks

- 6.1 The course shall be set using orange/pink racing buoys that shall be laid by rescue boats.
- 6.2 The course shall be an Olympic triangle – sausage format
- 6.3 There shall be a committee boat start for each race.
- 6.4 Appendix I details the course and how marks are to be rounded

6) The start

- 7.1 RRS 26 shall not apply and the starting sequence shall be as follows:
 - 7.1.2: Orange flag with black number “2” raised (one hoot):
 - 1 minute until Topper start
 - 2 minutes until Laser start
 - 7.1.3: Orange flag with black number “2” lowered, orange flag with black number “1” raised (one hoot):
 - Topper start
 - 1 minute until Laser start
 - 7.1.4: Orange flag with black number “1” lowered (one hoot):
 - Laser start

- 7.2 In amendment of RRS 29.2, if a general recall occurs for the topper fleet, the entire starting procedure for both topper fleets and laser fleets will initiate.
- 7.3 A boat starting later than 5 minutes after their class starting signal shall be scored Did Not Start.
- 7.4 The start line shall be between the leeward/start mark and a red and white striped pole on the committee boat
- 7.5 The starting sequence shall take place from the committee boat
- 7.6 Boats whose preparatory signal has not been displayed shall avoid the starting area

7) The start line and finish line

- 8.1 The start line and finish line shall be between the leeward/start mark and a red and white striped pole on the committee boat
- 8.2 After finishing, boats are requested to keep clear of the finish line

8) Shortening courses

- 9.1 A shortened course can be created any time during a race. It shall be signified by two sounds of the horn, and the raising of code flag "S" by the committee boat.
- 9.2 The new finish line shall be between the committee boat and the nearest adjacent mark

9) Penalty system

- 10.1 The exoneration penalty and the RYA Arbitration Procedures of the RYA Rules Dispute Procedures shall be available.

10) Protests and requests for redress

- 11.1 Protest forms shall be available from the SLYC clubhouse. Protests shall be delivered within the protest time limit which is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2

11) Safety regulations

- 12.1 Competitors shall wear adequate buoyancy at all times when afloat. Neither wetsuits nor drysuits constitute buoyancy
- 12.2 Each boat shall have an adequate towing warp of at least three metres in length which does not form any part of the sheets, lines, or rigging. The warp must be secured to a strong point at all times when afloat
- 12.3 Competitors shall enter their names on the sign out sheet and take a band from the board before they go afloat. It shall be located outside the changing rooms. In amendment to RRS 63.1 a boat contravening SI 12.3 shall be scored DSQ without hearing or right to redress
- 12.4 Competitors shall enter their names on the sign in sheet and replace their band onto the board immediately after they have come ashore. It shall be located outside

the changing rooms. In amendment to RRS 63.1 a boat contravening SI 12.4 shall be scored DSQ without hearing or right to redress

12.5 Any boat retiring from a race shall inform the nearest safety boat before going ashore.

12) Disclaimer of liability

13.1 Competitors race at their own risk. The decision to race resides with the helm alone. The organizing authority shall not accept any liability for material damage or personal injury or death in conjunction with, or prior to, or during, or after the series

13) Insurance

14.1 Each participant shall be insured with valid third party liability insurance with a minimum cover of £2,000,000 Sterling or the equivalent.

Appendix I: Sailing course diagram.

Laser and Topper

1 (port), 2 (port), 3 (port), 1 (port), Finish
(Triangle, sausage)

